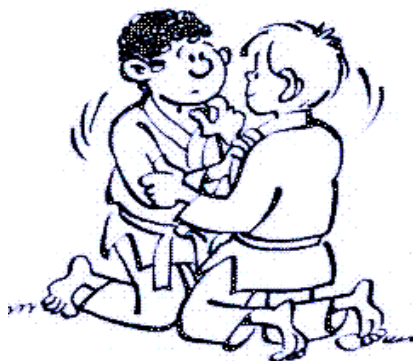
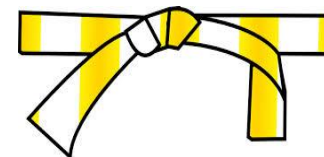


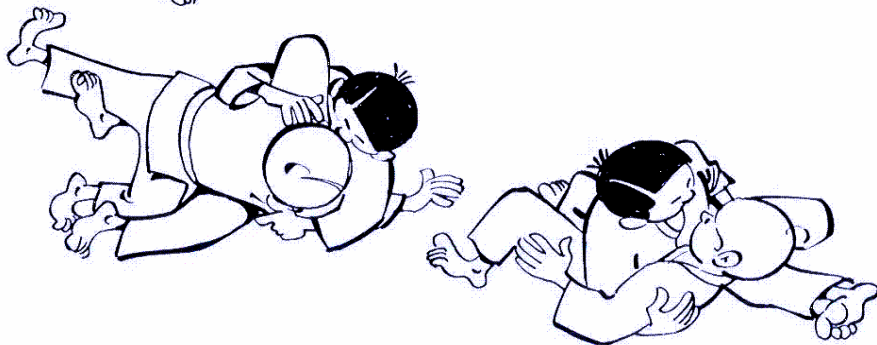
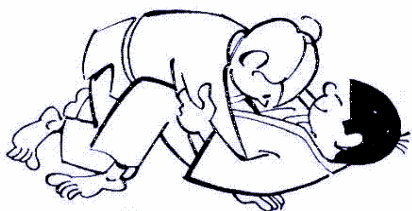
**4 TSUKURI-WAZA (CONSTRUCTION D'ATTAQUE)
SANKU-WAZA (TECHNIQUE DE RETOURNEMENT)**



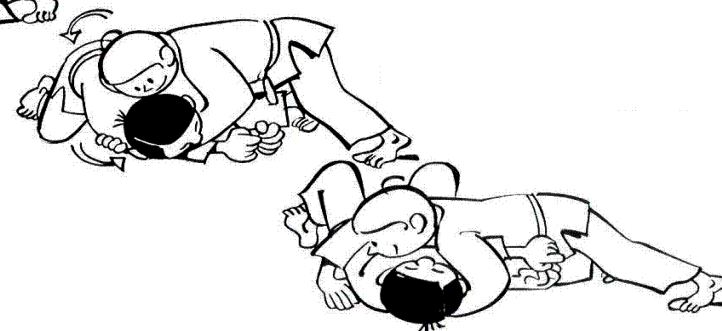
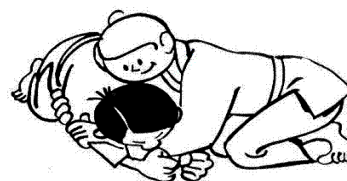
PARTENAIRE A GENOUX
LE PETIT VOLANT



PARTENAIRE A PLAT VENTRE
LE ROULEAU COMPRESSEUR

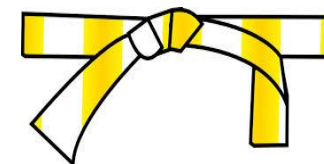
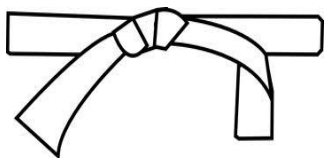


PARTENAIRE ENTRE LES JAMBES
LA PRISE DE L'OURS



PARTENAIRE A 4 PATTES
LA PELTEUSE

3 NE-WAZA (TECHNIQUE AU SOL)
SORTIE DE JAMBE & REPRISE D'INITIATIVE



ENTREE DE FACE 1



ENTREE DE FACE 2



REPRISE D'INITIATIVE
LE PIEGE A LOUP

