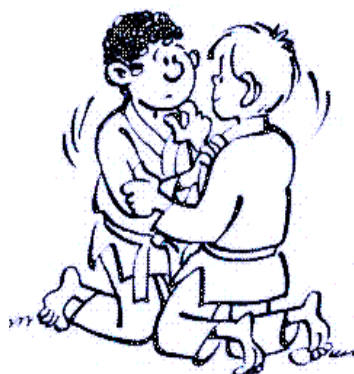
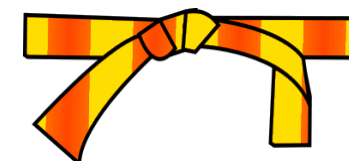


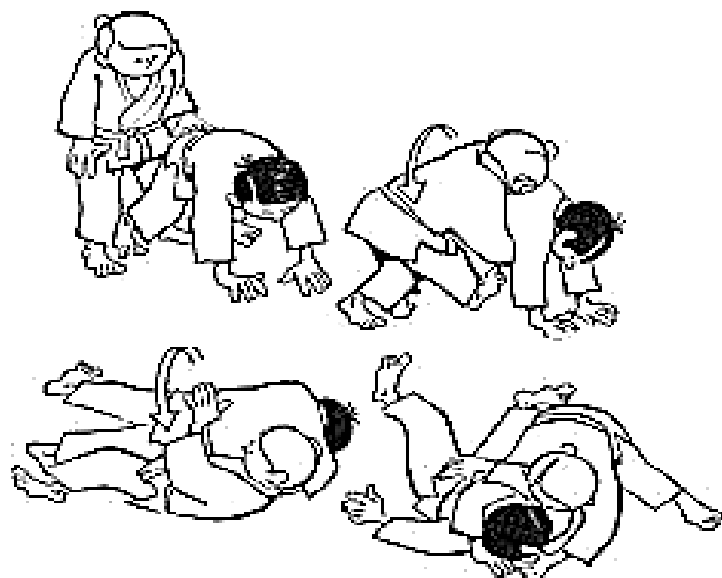
**4 TSUKURI-WAZA (CONSTRUCTION D'ATTAQUE)  
SANKU-WAZA (TECHNIQUE DE RETOURNEMENT)**



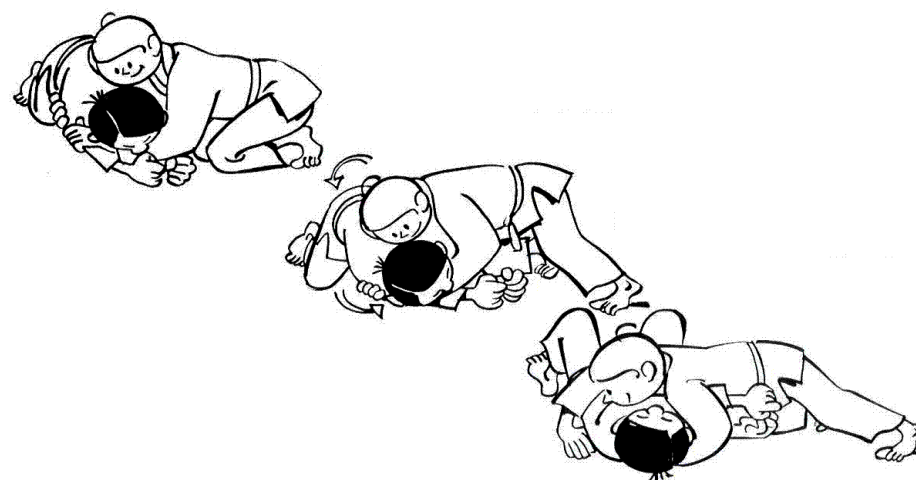
PARTENAIRE A GENOUX  
LE PETIT VOLANT



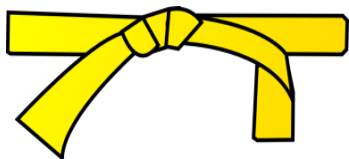
PARTENAIRE A PLAT VENTRE  
LE ROULEAU COMPRESSEUR



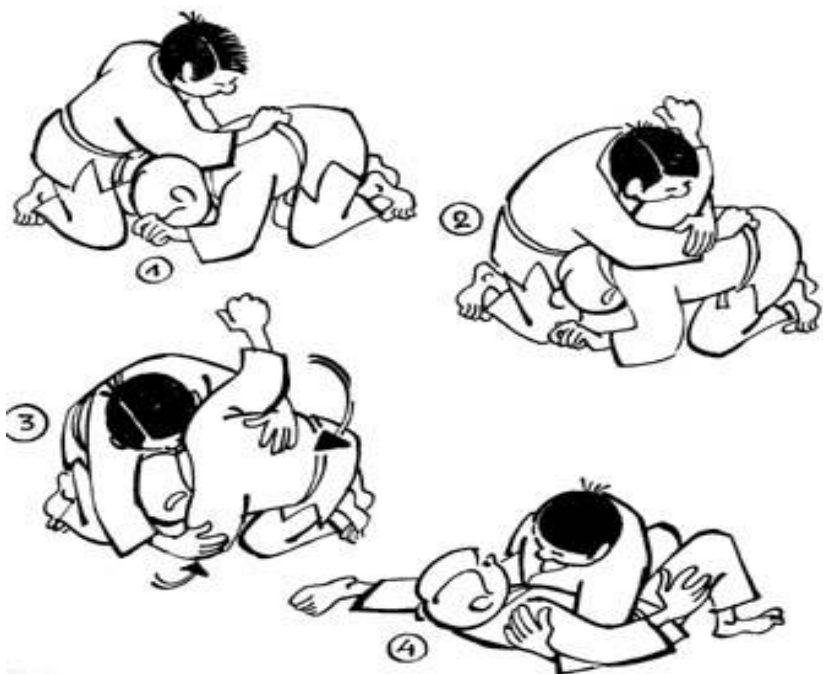
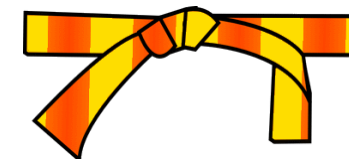
PARTENAIRE ENTRE LES JAMBES  
PRISE DE L'OURS  
ou LE BRAS -TETE



PARTENAIRE A 4 PATTES  
Petite ou Grande PELTEUSE



**4 TSUKURI-WAZA (CONSTRUCTION D'ATTAQUE)  
SANKU-WAZA (TECHNIQUE DE RETOURNEMENT)**

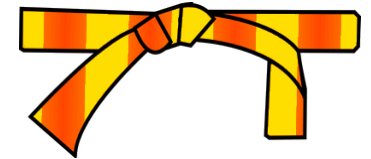
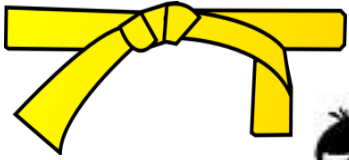


PARTENAIRE A 4 PATTES  
LE CADENAS



PARTENAIRE A PLAT VENTRE  
LA TORTUE

**3 NE-WAZA (TECHNIQUE AU SOL)**  
**SORTIE DE JAMBE & REPRISE D'INITIATIVE**



ENTREE DE FACE 1



ENTREE DE FACE 2



SORTIE DE JAMBE 1  
 L'ECARTEUR



REPRISE D'INITIATIVE  
 LE PIEGE A LOUP