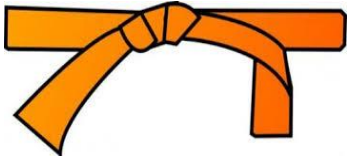
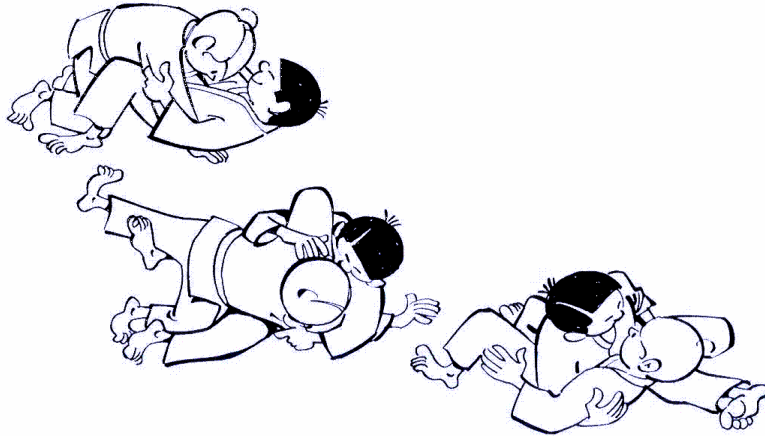


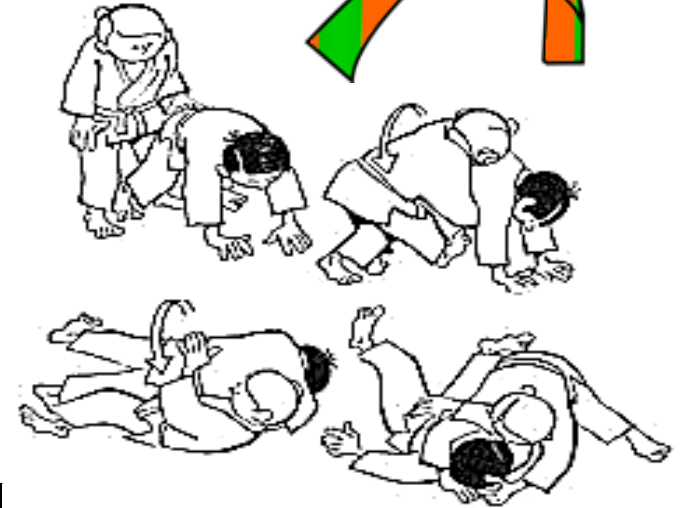
**4 TSUKURI-WAZA (CONSTRUCTION D'ATTAQUE)
SANKU-WAZA (TECHNIQUE DE RETOURNEMENT)**



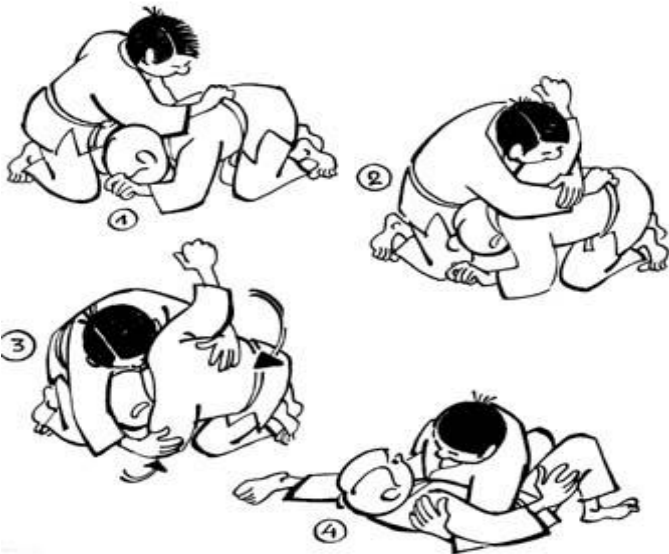
PARTENAIRE A PLAT VENTRE
LE ROULEAU COMPRESSEUR



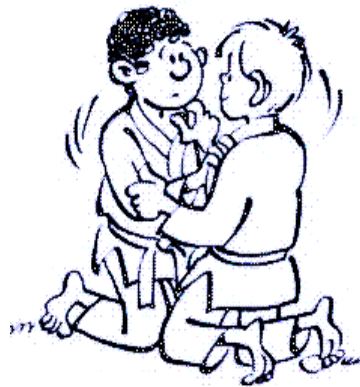
PARTENAIRE ENTRE LES JAMBES
LE CADENAS



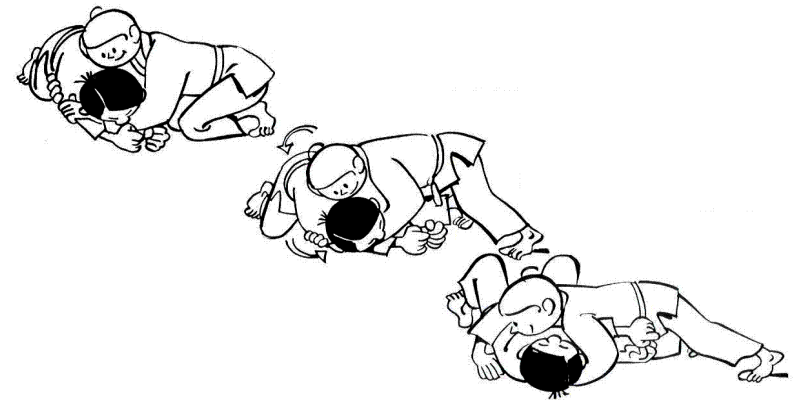
PARTENAIRE ENTRE LES JAMBES
PRISE DE L'OURS
ou LE BRAS -TETE



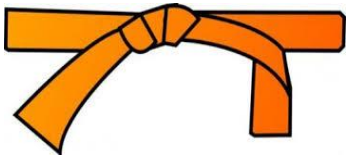
PARTENAIRE A 4 PATTES
LE CADENAS



PARTENAIRE A GENOUX
LE PETIT VOLANT



PARTENAIRE A 4 PATTES
LA PELTEUSE



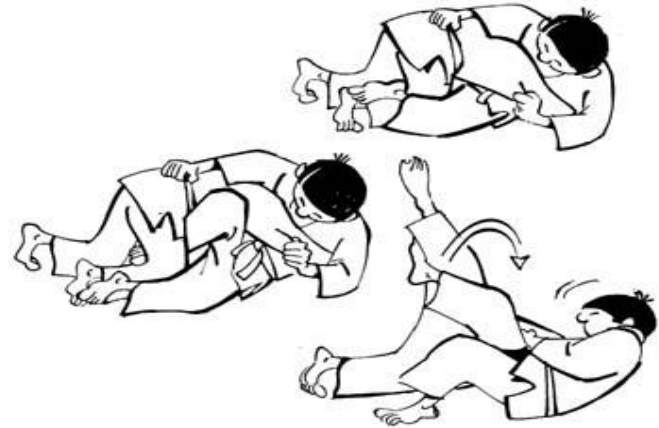
**4 TSUKURI-WAZA (CONSTRUCTION D'ATTAQUE)
SANKU-WAZA (TECHNIQUE DE RETOURNEMENT)**



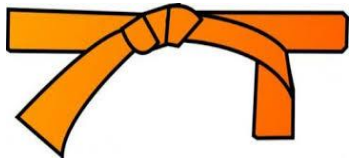
PARTENAIRE A 4 PATTES
L'HORLOGE
ENCHAINEMENT sur L'HORLOGE



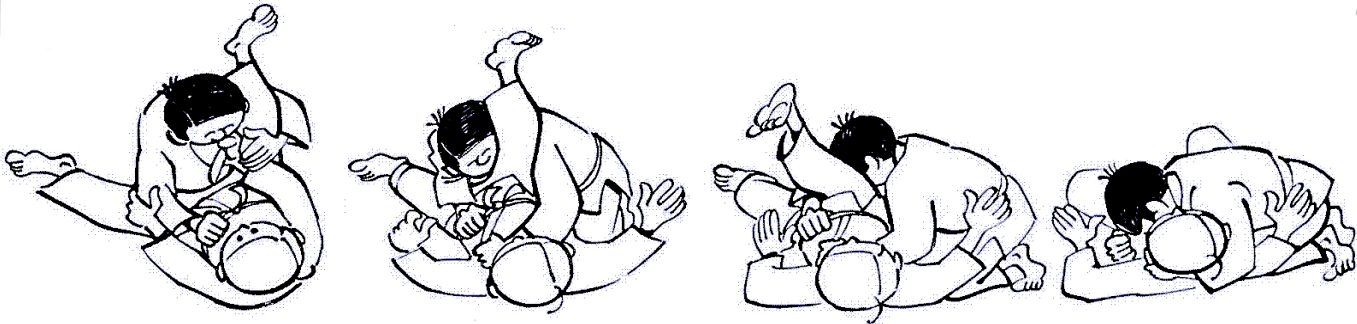
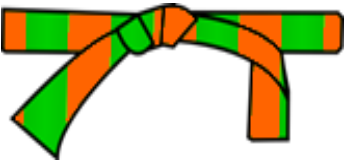
PARTENAIRE A PLAT VENTRE
LA TORTUE



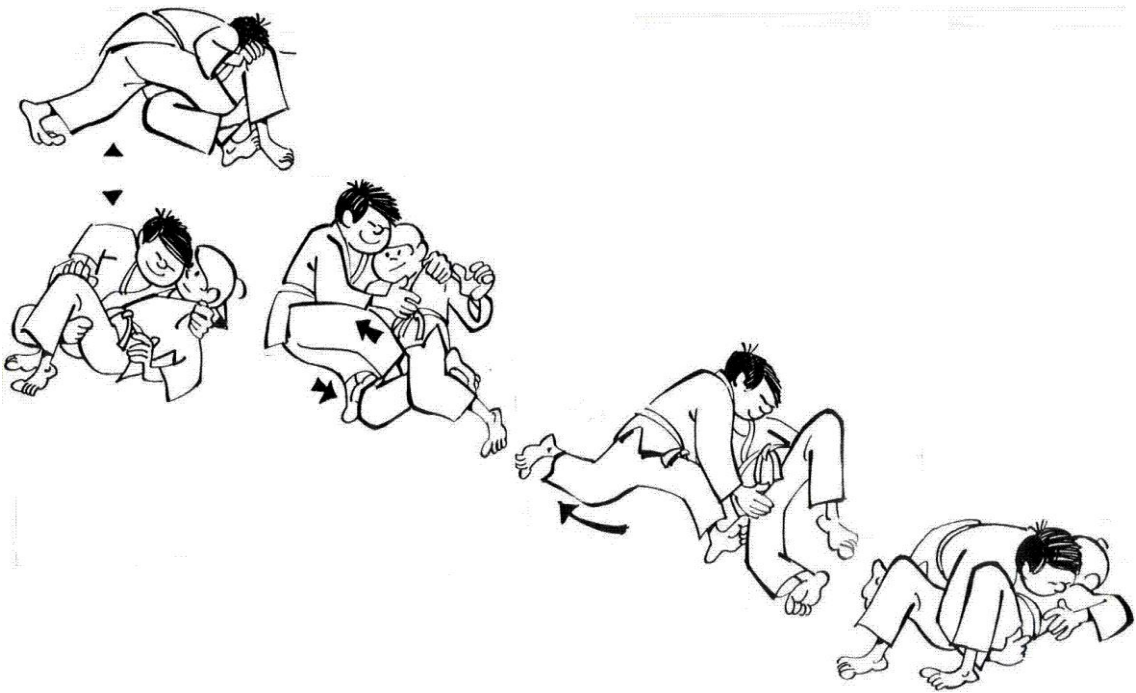
PARTENAIRE A 4 PATTES
LA CATAPULTE sur LE CADENAS



3 NE-WAZA (TECHNIQUE AU SOL)
SORTIE DE JAMBE & REPRISE D'INITIATIVE



SORTIE DE JAMBE 2 (1 JAMBE PRISE)
LE BULDOZER



SORTIE DE JAMBE 2 (1 JAMBE PRISE)
LA COURONNE



SORTIE DE JAMBE 1 (2 JAMBES PRISES)
L'ECARTEUR

REPRISE D'INITIATIVE
 LE PIEGE A LOUP
LE PIED JALOUS

